

# BECOMING AN ALLY:

## Responding to Name-Calling and Bullying



The ADL's A WORLD OF DIFFERENCE® Institute **Becoming an Ally** workshops are important tools in a school's efforts to address bullying in all its forms. By exploring the range of behaviors associated with being an ally and engaging in opportunities to develop and put into practice skills to respond to name-calling and bullying, schools will be taking important steps toward positively changing their climate.



**BULLYING** isn't just physical. It's verbal. It's social. Or any combination of these.

### Becoming an Ally: Responding to Name-Calling and Bullying for Educators

This workshop (3–6 hours) for educators is interactive, participatory and provides practical opportunities for educators to develop and practice skills to respond to incidents of name-calling and bullying among students.

### Becoming an Ally: Responding to Name-Calling and Bullying for Students

This interactive workshop is participatory and provides practical opportunities to engage students in exploring the harms of name-calling and bullying and developing and practicing skills to respond to incidents. Workshops available for upper elementary students (2–4 hours) and middle and high schools students, both half-day (3–4 hours) to full-day (5–6 hours).

### Did You Know?

**1/3** of youth has been **bullied**. Both educators and students are often unsure how to respond effectively when they witness bullying and **90% of youth bystanders opt to do nothing**.



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**Help build Allies!**

[www.adl.org/education](http://www.adl.org/education)